

All for You



Count: 96

Wall: 2

Level: Intermediate

Choreographer: Maggie Gallagher (UK) & Gary O'Reilly (IRE) - December 2022

Music: All For You - Cian Ducrot & Ella Henderson : (iTunes & Amazon)



Intro: 24 counts (9 secs)

S1: WALK, HOLD, BACK, BACK, TOGETHER

1-2-3 Walk forward on left towards [1:30], HOLD (2-3)

4-5-6 Step back on right, Step back on left, Step right next to left [1:30]

S2: WALK, RONDE HITCH, STEP, HITCH BEHIND, HOLD

1-2-3 Walk forward on left, 1/8 left ronde hitching right over left (2-3) [12:00]

4-5-6 Step forward on right towards [10:30], Hitch left knee hooking left toe behind right, HOLD

S3: BACK, RONDE HITCH, BEHIND, SIDE ROCK

1-2-3 Step back on left, Ronde hitch right from front to back straightening to [12:00] (2-3)

4-5-6 Cross right behind left, Rock left to left side, Recover on right

S4: BEHIND, RONDE SWEEP, BEHIND, SIDE, CROSS

1-2-3 Cross left behind right, Ronde sweep right from front to back (2-3)

4-5-6 Cross right behind left, Step left to left side, Cross right over left

***Restart Walls 2 & 5 with step change**

S5: SIDE, DRAG, FORWARD, DRAG

1-2-3 Long step left to left side, Drag right to meet left (2-3)

4-5-6 Long step forward on right to right diagonal, Drag left to meet right (2-3) [1:30]

S6: 1/4 DIAMOND SHAPE WITH BALANCE STEPS

1-2-3 Step forward on left to [1:30], Step right next to left straightening to [12:00], 1/8 left stepping left in place [10:30]

4-5-6 Step back on right, 1/8 left stepping left to left side, Step right next to left [9:00]

S7: STEP, POINT, HOLD, BACK, POINT, HOLD

1-2-3 Step forward on left, Point right to right side and slightly forward, HOLD

4-5-6 Step back on right, Point left to left side and slightly back, HOLD

S8: CROSS, 1/4 RONDE SWEEP, R TWINKLE

1-2-3 Cross left over right, 1/4 left ronde sweeping right from back to front (2-3) [6:00]

4-5-6 Cross right over left, Step left to left side, Step right to right side towards [7:30]

S9: FORWARD BALANCE STEP, BACK BALANCE STEP

1-2-3 Step forward on left, Step right next to left, Step left in place [7:30]

4-5-6 Step back on right, 1/8 left stepping left next to right, Step right in place [6:00]

S10: FORWARD BALANCE STEP, BACK, BACK, BACK

1-2-3 Step forward on left to [4:30], Step right next to left, Step left in place [4:30]

4-5-6 Step back on right, Step back on left, Step back on right [4:30]

S11: BACK, HOOK, HOLD, STEP, ½, BACK

1-2-3 Step back on left, Hook right across left, HOLD

4-5-6 Walk forward on right, ½ right stepping back on left, Step back on right [10:30]

S12: BACK, HOOK, HOLD, WALK, ⅛ RONDE SWEEP

1-2-3 Step back on left, Hook right across left, HOLD [10:30]

4-5-6 Walk forward on right, ⅛ right ronde sweeping left from back to front (2-3) [12:00]

S13: L TWINKLE, R TWINKLE

1-2-3 Cross left over right, Step right to right side, Step left to left side

4-5-6 Cross right over left, Step left to left side, Step right to right side

Choreographers' note: Move slightly forward on the twinkle steps**S14: STEP, KICK, BACK, ½, WALK**

1-2-3 Step forward on left, hitching R slow kick R forward with R toe pointed (2-3)

4-5-6 Step back on right, ½ left stepping forward on left, Walk forward on right [6:00]

S15: STEP, HITCH, BACK, SIDE ROCK

1-2-3 Step forward on left, slow hitch right knee forward (2-3)

4-5-6 Step back on right, Rock left to left side, Recover on right

S16: BEHIND, RONDE SWEEP, R SAILOR

1-2-3 Step left behind right, Ronde sweep right from front to back (2-3)

4-5-6 Step right behind left, Step left to left side, Step right to right side angling body to [7:30]

RESTARTS: During Walls 2 & 5 both facing [6:00].*Dance 21 counts then replace counts 4-5-6 with a R Sailor Step. Restart the dance from the beginning.****ENDING: The dance finishes at the end of Wall 7. Cross left over right and unwind ½ left to finish facing [12:00]****Contacts:****Gary O'Reilly:****oreillygaryone@gmail.com (+353)857819808****<https://www.facebook.com/gary.reilly.104> www.thelifeoreillydance.com****Maggie Gallagher****www.facebook.com/MaggieGChoreographer****www.maggielife.co.uk**