

**Dance name** – Like a Cowboy  
**Music/artist** – Like a Cowboy by Randy Houser (Album “How Country Feels”)  
**Counts** – 32counts, 4 Wall, Tag x2, 1 Restart  
**Level** – High Intermediate  
**Choreographer** – Fred Whitehouse (Ireland)  
[f.whitehouse@hotmail.com](mailto:f.whitehouse@hotmail.com)  
**Intro** – 16 counts or 14 seconds from start of track



**1-8**

**Step hitch, sweep, back rock, run x3, full turn L, basic**

**1,2,3** Step L forward hitching R knee, step RF back sweeping LF from front to back, rock LF back diagonal as you kick RF forward (face 10.30)  
**4&5** Step RF forward, step LF forward, Press RF forward (10.30)  
**6&7** 3/8 turn L stepping LF forward (6.00) ½ turn L stepping RF back, ¼ L stepping L to L side (9.00)  
**8&** Close RF behind L, cross LF over R

**9-16**

**Sway x3, weave, sweep, ½ turn weave, cross, side**

**1,2,3** Step R to R side sway R, sway L, sway R,  
**4&5** Step LF behind R, step R to R side, cross LF over R sweeping RF from back to front  
**6&7** Cross RF over L, ¼ turn R stepping LF back, ¼ turn R stepping R to R side (3.00)  
**8&** Cross LF over R, step R to R side

**17-24**

**Walk back x3, run forward x2, touch x2, kick, chase turn L**

**1,2,3** Step LF back diagonal (7.30), step RF back, step LF back (facing 1.30)  
**4&5** Step RF forward, step LF forward, touch RF forward (1.30)  
**&6,7** Touch RF to R side, kick RF forward to 12 o'clock, step RF forward squaring up to 12 o'clock. Option: knee swing - bend knee slightly and twist knee in, out then kick, the RF should be off the floor.  
**&8&** Step LF forward, step forward R, pivot ½ turn L placing weight on LF

*(Restart here on wall 3 hold weight on RF after the pivot ½ turn, 12.00, important to complete the ½ turn before restarting dance.)*

**25- 32**

**Basic, weave L, cross rock recover, rock forward recover, ½ turn L, step forward**

**1,2&** ¼ turn L stepping R to R side, close LF behind R, cross RF over L (3.00)  
**3,4&** Step L to L side, step RF behind L, step L to L side,  
**5,6&** Cross RF over L, recover weight onto LF, step R to R side  
**7&** Rock LF forward, recover weight onto RF  
**8&** ½ turn L stepping LF forward, step RF forward (9.00)

**TAG** (*Happens twice facing 3.00. End of wall 1 and 4*)

**Walk x3, rock & cross, ½ turn R, run x2**

**1,2,3** Make ½ turn L walking L,R,L (curve walk)

**4&5** Rock RF to R side, recover, cross RF over L,

**6,7** Step L to L side, ½ turn R stepping R forward

**8&** Run forward L,R (option: full turn R)