Count: 112
Wall: 1
Level: Advanced
Choreographer: Shane McKeever \& Fred Whitehouse - August 2020
Music: Chris Mann - Noise [Track length: 2:47] [Buy on iTunes, etc.]

Intro: 16 counts (app. 13 secs into track). Start with weight on $R$ foot Sequence: ABC, ABC, BCCB + Ending

## A Part: You only do A twice and it always starts facing 12:00

[1-8] Side step L, R knee pop, recover, R knee pop, $1 / 4$ R fwd, $1 / 4$ R step slide, Hold, flick L
1-2 Step $L$ out to $L$ side (1), pop $R$ knee in towards $L$ (2) 12:00
3-4 Recover back on $R$ foot (3), pop $R$ knee in towards $L$ (4) 12:00
$5-6 \quad$ Turn $1 / 4 R$ stepping $R$ fwd (5), turn $1 / 4 R$ stepping $L$ a big step $L$ sliding $R$ towards $L$ (6) 6:00
7 - $8 \quad$ Hold (7), step $R$ next to $L$ flicking $L$ out to $L$ side at the same time (8) 6:00
[9-17] Cross \& down, click \& up, down, click \& up, out RL, hip roll, twist heels RL 1/8 R
1-2 Cross L over $R$ bending in knees (1), straighten knees clicking fingers out to both sides (2) $6: 00$

3-4 Bend in knees bringing hands in (3), straighten knees clicking fingers out to both sides (4) 6:00

5-6-7 $\quad$ Step $R$ to $R$ side (5), step $L$ to $L$ side starting to roll hips left (6), roll hips back (7) 6:00
8-1 Roll hips $R$ twisting heels $R(8)$, twist both heels to $L$ side turning $1 / 8 R(1)$ - weight $L$ 7:30
[18-25] Kick $R$, step back $R$, kick $L$, step back $L$, back $R$ sweep $1 / 4 L$, back $L$, point $R$ \& bend $2-3 \quad$ Kick $R$ fwd (2), step back on $R$ (3) 7:30
4-5 Kick L fwd (4), step back on L(5) 7:30
6-7 Step back on $R$ turning $1 / 4 L$ sweeping $L$ to $L$ side (6), sweep $L$ backwards (7) 4:30
8 - $1 \quad$ Step back on $L$ (8), point $R$ backwards bending in both knees (1) 4:30
[26-32] Up + chest pop, down, up + chest pop, $R$ fwd, $1 / 2 L$ with slow foot rise \& kick, down $L$
$2-3 \quad$ Straighten $L$ leg popping chest fwd (2), bend knees again (3) 4:30
4-5 Straighten L leg popping chest fwd (4), step R fwd (5) 4:30
$6-7 \quad$ Go up on ball of $R$ starting to turn $1 / 2 L$ kicking $L$ fwd (6), finish $1 / 2$ turn $L$ (7) 10:30
$8 \quad$ Drop down on $L$ (8) 10:30
[33 - 40] Point R fwd \& side, behind with 1/8 R, point L, cross in front, Hold, out out ball fwd
1-2 Point R fwd (1), point R to $R$ side (2) 10:30
3-4 Cross $R$ behind $L$ squaring up to 12:00 (3), point $L$ to $L$ side (4) 12:00
5-6 Cross L over R (5), Hold (6) 12:00
\&7\&8 Step R to R side (\&), step L to L side (7), step R in towards L (\&), place L fwd (8) 12:00
[41-48] Knee pops X 2, back $L$, touch $R$ fwd, back $R$, touch $L$ fwd, $L$ sailor $1 / 8 L$ with prep
\&1\&2 Pop knees fwd (\&), push knees back again (1), pop knees fwd (\&), push knees back again (2) - weight on $R$ 12:00
3-4 Step back on $L$ (3), touch $R$ fwd (4) 12:00
$5-6 \quad$ Step back on $R(5)$, touch $L$ fwd (6) 12:00
7\&8

Cross $L$ behind $R(7)$, turn $1 / 8 L$ stepping $R$ a small step to $R$ side (\&), step $L$ fwd prepping body to $L$ side (8) 10:30
[49-56] Full turn R over 2 counts, $R$ fwd, $1 / 8$ R point, snake roll $L$ over 2 counts, walk RL fwd
1 - $2 \quad$ Spin a full turn on $L$ sweeping $R$ around (1-2) 10:30
3-4 Step $R$ fwd (3), turn 1/8 $R$ on $R$ pointing $L$ to $L$ side (4) 12:00
$5-6 \quad$ Start snake roll from $R$ to $L$ (5), finish snake roll transferring weight to $L$ (6) 12:00
7 - $8 \quad$ Walk R fwd (7), walk $L$ fwd (8) 12:00
[57-64] Fwd R, touch L, back L, touch R (all with shimmies), side R STOP, Hold, drag L tog 1-2 Step $R$ fwd (1), touch $L$ behind $R(2)$... Styling: shimmy shoulders over both counts 12:00
3-4 Step L back (3), touch R next to L (4) ... Styling: shimmy shoulders over both counts 12:00
$5-6 \quad$ Step R out to $R$ side making a stop sign with $R$ hand fwd (5), Hold (6) 12:00
7 - $8 \quad$ Start dragging $L$ next to $R$ and pulling $R$ arm in (7), touch $L$ next to $R$ prepping body $R(8)$ 12:00

B Part: You do B 4 times and it always starts facing 12:00
[1-8] L fwd, step turn step, step turn, rock $L$ fwd, rock $L$ to $L$ side, behind side cross sweep
1 Step L fwd (1) 12:00
2\&3 Step R fwd (2), turn $1 / 2 L$ stepping onto $L$ (\&), step R fwd (3) 6:00
4\& Step L fwd (4), turn $1 / 2 \mathrm{R}$ stepping onto $R(\&)$ 12:00
5\&6\& Cross rock $L$ over $R(5)$, recover on $R(\&)$, rock $L$ to $L$ side (6), recover on $R(\&)$ 12:00
7\&8 Cross L behind R (7), step R to R side (\&), cross L over R sweeping R fwd (8) 12:00
[9-16] Step $R$ fwd, step turn step, step turn, rock $R$ fwd, rock $R$ to $R$ side, behind side cross
1 Step R fwd (1) 12:00
2\&3 Step L fwd (2), turn $1 / 2 R$ stepping onto $R(\&)$, step $L$ fwd (3) 6:00
4\& Step R fwd (4), turn $1 ⁄ 2 L$ stepping onto $L$ (\&) 12:00
5\&6\& Cross rock $R$ over $L$ (5), recover on $L$ (\&), rock $R$ to $R$ side (6), recover on $L$ (\&) 12:00
7\&8 Cross R behind L (7), step L to L side (\&), cross R over L (8) 12:00 Note: counts $9-16$ are counts 1-8 repeated but with your $R$ foot

C Part: You do C 4 times and it always starts facing 12:00
[1-8] Step touches L\&R with arm pushes, L fwd \& arms to ears, arms fwd \& bend knees, roll arms \& turn $1 / 2$ R
1-2 Step $L$ to $L$ side leaning body $L$ pushing $R$ hand down along $R$ side of body (1), touch $R$ into floor (2) 12:00
3-4 Step $R$ to $R$ side leaning body $R$ pushing $L$ hand down along $L$ side of body (3), touch $L$ into floor (4) 12:00
5-6 Step L fwd bringing both hands up to your ears (5), bend knees and straighten arms fwd (6) 12:00

7 - $8 \quad$ Roll your arms backwards starting to turn $1 / 2 R(7)$, finish $1 / 2$ turn changing weight to $R(8)$ 6:00
[9-16] Step slide L fwd, step RL out \& hands to mouth,
Step $L$ a big step fwd dropping arms down again (1), drag $R$ next to $L$ (2) 6:00
3-4 Step $R$ out to $R$ side bringing $R$ hand up to $R$ side of your head with palm open fwd (3), step $L$ out to $L$ side bringing $L$ hand up to $L$ side of your head with palm open fwd (4) 6:00
5-6 Turn 1/8 L bouncing body backwards and reach arms fwd (5), turn 1/8 R bouncing body backwards and keep arms fwd (6) 6:00

7-8 Turn 1/8R bouncing body backwards and keep arms fwd (7), pull arms into body with hands fisted and transferring weight to $R$ foot (8) ...Technically your body is facing 7:30 but your wall is 6:00 ... 6:00
[17-32] Repeat counts 1 - 16 12:00
Ending When finishing your last B there is one extra beat after the behind side cross: then bring both hands up to your mouth to stop making noise (3) 12:00

