

# Open My Heart



**Count:** 90    **Wall:** 2    **Level:** High Intermediate

**Choreographer:** Maria Maag, Denmark - March 2017

**Music:** Anywhere But Here ( Finding Neverland ) by Christina Aguilera,  
length 3:40



**Phrasing:** 90, 84, 90, 84, 60, 82

**\*\*\*3 Restarts:**

**On wall 2 after 84 counts ( facing 12:00 ), step fw. R (1)**

**On wall 4 after 84 counts ( facing 12:00 ), step fw. R (1)**

**On wall 5 after 60 counts ( facing 6:00 ), step fw. R (1)**

**Intro:** 12 counts from first beat.

**Ending:** On wall 6 after 81 counts ( facing 12:00 ) step fw. L, drag R next to L (82) ....  
**The End**

**Note:** Thank you so much Niels Poulsen for your Inspiration and help with a few steps. Much appreciated.

**[1 – 6] Step fw. R, ½ turn R, cross L over R point R to R diagonal**

1-2-3 Step fw. R (1), step fw. L (2), turn ½ R stepping fw. R (3) 06:00

4-5-6 Cross slightly L over R (4), point R diagonally fw. R (5), hold (6) 07:30

**[7 – 12] Step back R, rock L, recover R, step L fw. Figure 4 3/8 turn L**

1-2-3 Step R back L (1), rock L to L side (2), recover R (3) 07:30

4-5-6 Step fw. L (4), turn 3/8 L on L as you bend L knee and R foot goes to L shin (5), hold (6) 03:00

**[13 – 18] Weave L, step L to L slide R next to L as you move your upper body and arms towards L**

1-2-3 Cross R over L (1), step L to L side (2), cross R behind L (3) 03:00

4-5-6 Take a big step L (4), slide R next to L as you move your upper body and arms towards L (5), hold (6) 03:00

**[19 – 24] Chasse ¼ R (option: 1 ¼ turn R ) ½ turn R step back L and sweep R**

1-2-3 Step R to R (1), step L next to R (2), Turn ¼ R stepping fw. R (3) 06:00

4-5-6 Turn ½ R on R stepping back L and sweep R from front to back (4), continue sweeping R (5-6) 12:00

**[25 – 30] Behind, 1/8 L, step fw R, slowly rock fw. L**

1-2-3 Cross R behind L (1), turn 1/8 L step L to L (2), step fw. R (3) 10:30

4-5-6 Slowly Rock fw. L reach R arm fw. open hand and palm facing down (4-5), hold (weights L arm is fw.)(6) 10:30

**[31- 36] Recover R, step back L, turn ¼ R stepping fw. R, lunge L fw. prep and reach R arm fw.**

1-2-3 Step back R and bend R elbow and pull R arm back and close your hand (1), step back L (2), turn ¼ R stepping fw. R (3) 01:30

4-5-6 Step fw. L and lunge fw. as you rotate your upper body L and reach fw. With your R arm (4-5-6) (weight ends on L) 01:30

**[37- 42] Recover R, step back L turn ½ R on L stepping fw. R, step fw. L slowly kick R fw.**

1-2-3 Recover back R (1), step back L (2), turn ½ R on L stepping fw. R (3) 07:30

4-5-6 Step fw. L (4), hitch R knee (5), stretch R leg (6) 07:30

**[43 – 48] Step back R turn 1/8 R and Lunge R, recover ¼ L sliding R next to L**

1-2-3 Step back R (1), turn 1/8 R on R as you move your upper body and arms R (2), hold with R leg bent and L leg stretched (3) 09:00

4-5-6 Turn ¼ L stepping fw. L (4), slide R next to L (5-6) Styling: your body is slowly turning towards L diagonal 06:00

**[49 – 54] Twinkle R, twinkle L**

1-2-3 Step R diagonally fw. L (1), step fw. L (2), step R diagonally fw. R (3) 06:00

4-5-6 Step L diagonally fw. R (4), step fw. R (5), step L diagonally fw. L (6) 06:00

**[55 – 60] Cross full unwind L, sweep R**

1-2-3 Cross R over L (1), make a full unwind L on R (2-3) 06:00

4-5-6 Step down L (4), sweep R fw. (5-6)

**Restart wall 5 06:00**

**[61 – 66] Jazz ½ turn R, basic fw. L**

1-2-3 Cross R over L (1), turn ¼ R stepping back L (2) turn ¼ R stepping fw. R (3) 12:00

4-5-6 Step fw. L (4), step R next to L (5), step L next to R (6) ( Option : Full triple turn L ) 12:00

**[67 – 72] Twinkle R, Twinkle L**

1-2-3 Step R diagonally fw. L (1), step fw. L (2), step R diagonally fw. R (3) 12:00

4-5-6 Step L diagonally fw. R (4), step fw. R (5), step L diagonally fw. L (6) 12:00

**[73 – 78] Cross full unwind L, sweep R**

1-2-3 Cross R over L (1), make a full unwind L on R (2-3) 12:00

4-5-6 Step down L (4), sweep R fw. (5-6) 12:00

**[79 – 84] Jazz ½ R, basic fw. L**

1-2-3 Cross R over L (1), turn ¼ R stepping back L (2) turn ¼ R stepping fw. R (3) 06:00

4-5-6 Step fw. L (4), step R next to L (5), step L next to R (6) ( Option : Full triple turn L ) Restart wall 2&4 06:00

**[85 – 90] Step fw. R with kick fw. L, step back L hook R in front of L**

1-2-3 Step fw. R (1), kick L fw. (2-3) 06:00

4-5-6 Step back L (4), hook R in front of L (5-6) 06:00

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