Roots



Count: 48 Wall: 4 Level: Improver Choreographer: Tina Argyle – July 2017 Music: Roots by Zac Brown Band - single - iTunes etc...



Count In : 32 counts from start of track – just before lyrics

Side Rock Cross Shuffle. ¹/₂ Hinge Turn Cross Shuffle.

- 1 -2 Rock right to right side, recover.
- 3&4 Cross right over left step left to left side, cross right over left
- 5 -6 Make ¹⁄₄ turn right stepping back left, make ¹⁄₄ turn right stepping right to right side (6 o'clock)
- 7&8 Cross left over right, step right to right side, cross left over right.

Side Rock Cross Shuffle. Side Rock 1/4 Turn. Step 1/4 Pivot Turn.

- 1 2 Rock right to right side, recover.
- 3&4 Cross right over left step left to left side, cross right over left
- 5-6 Rock left to left side, make ¹/₄ right onto right
- 7-8 Step fwd left, make ¹/₄ turn right onto right (12 o'clock)

Syncopated Jazz Box. Side Step. Rock Back. Heel & Cross

- 1 2 Cross left over right, step back right
- &3-4 Step left to left side, cross right over left taking weight, step left to left side
- 5 6 Rock right behind left, recover
- 7&8 Slightly facing right diagonal Touch right to diagonal, step down right, cross left over right.
- *** Re Start here during Wall 5 facing 6 o'clock ***

Heel & Cross. Rock 1/4 Turn. Dorothy Step Fwd Right Then Left

- 1&2 Slightly facing right diagonal Touch right to diagonal, step down right, cross left over right.
- 3-4 Rock right to right side, make ¹/₄ turn left onto left.
- 5 -6 Step fwd right to right diagonal, lock left behind right
- &7-8 Step fwd right to diagonal again, step left to left diagonal , lock right behind left
- & Step forward left square to (9 o'clock)

*** Re Start here during Wall 2 facing 12 o'clock ***

Switching Rock Steps Fwd. Shuffle Back. Rock Back.

- 1 2 Rock fwd right, recover onto left
- &3-4 Step right at side of left, Rock fwd left, recover onto right
- 5 &6 Step back left, close right at side of left, step back left
- 7-8 Rock back right, recover weight onto left

1/2 Shuffle Turn. Rock Back 1/2 Shuffle Turn. 1/2 Turn Walk Fwd Right, Left.

1&2 Make 1/2 turn left stepping back right, step left at side of right, step back right (3 o'clock)

- 3 -4 Rock back left, recover weight onto right
- 5&6 Make 1/2 turn right stepping back left, step right at side of left, step back left (9 o'clock)
- 7-8 Make ¹/₂ turn right stepping fwd right then left (3 o'clock)

Re-Starts on walls 2 & 5 - see step description above.

NB;- As the track slows down a the end, keep dancing you will finish the dance on count 7 of section one facing 12 o'clock then he sings the last word "Roots"

Thanks to Lee Webb for recommending this track x

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