

SIMPLY THE BEST

Choreography by: Maddison Glover (AUS) & Rachael McEnaney-White (UK/USA) March 2019

| Description: | 2 wall, 48 counts, intermediate level, cha cha style line dance |
|---------------------|---|
| <u>Music:</u> | The Best (Edit) - Tina Turner (4.10mins) - approx 110bpm. Itunes Link |
| <u>Count In:</u> | 16 counts from start of track, dance begins on vocals |
| <u>Notes:</u> | Restart after 16 counts during 4th wall |
| <u>Videos:</u> | Demo: <u>www.vimeo.com/learnlinedance/SimplyTheBestDemo</u> |
| | Teach: <u>www.vimeo.com/learnlinedance/SimplyTheBest</u> |

| Section | Footwork | End Facing |
|----------|--|---------------|
| 1 - 9 | R fwd, 1/4 turn R hitching L, L cross, R chasse, Hold, L ball close, R cross, L side rock, L cross | |
| 123 | [1] Step forward R, [2] Make 1/4 turn right as you hitch L knee, [3] Cross L over R | 3.00 |
| 4&5 6 | [4] Step R to right side, [&] Step L next to R, [5] Step R to right side, [6] Hold as you drag L towards R (weight remains R) | 3.00 |
| &7 8&1 | [&] Step ball of L next to R, [7] Cross R over L, [8] Rock L to left side, [&] Recover weight R, [1] Cross L over R | 3.00 |
| 10 - 17 | R diagonal forward rock, R behind, 1/4 turn L fwd L, R fwd, 1/2 pivot Lweight R, L back, R coaster step | |
| 23 | [2] Rock R forward to right diagonal, [3] Recover weight L | 4.30 |
| 4&5 6 | [4] Cross R behind L, [&] Make 1/4 turn left stepping forward L [5] Step forward R, [6] Pivot 1/2 turn L keeping weight R | 6.00 |
| 78&1 | [7] Step back L, [8] Step back R, [&] Step L next to R, [1] Step forward R | 6.00 |
| RESTART | 4th wall begins facing 6.00, dance up to count 16& (8& of this section) then restart the dance facing 12.00 | |
| 18 - 25 | Hold, L close, R forward, Hold, L close, R forward, 1/2 pivot L, 1/2 turn L back R, 1/4 turn L chasse | |
| 2&3 4&5 | [2] Hold, [&] Step L next to R, [3] Step forward R, [4] Hold, [&] Step L next to R, [5] Step forward R | 6.00 |
| 67 | [6] Pivot 1/2 turn left (weight ends L), [7] Make 1/2 turn left stepping back R | 6.00 |
| 8&1 | [8] Make 1/4 turn left stepping L to left side, [&] Step R next to L, [1] Step L to left side | 3.00 |
| 26 - 33 | R back rock, R fwd, 1/4 turn R side L, R close, L cross, R side, L behind, R side, L cross | |
| 234&5 | [2] Rock back R, [3] Recover weight L, [4] Step forward R, [&] Make 1/4 turn right stepping L to left side, [5] Step R next to L | 6.00 |
| 678&1 | [6] Cross L over R, [7] Step R to right side, [8] Cross L behind R, [&] Step R to right side, [1] Cross L over R | 6.00 |
| 34 - 40 | R point, 1/4 turn R, 1/4 turn R with L side rock, L cross, Hold, R side, L touch, L side, R touch | |
| 23 | [2] Point R to right side as you bend L knee slightly, [3] Make 1/4 turn right stepping forward R | 9.00 |
| 4 & 5 | [4] Make 1/4 turn right rocking L to left side, [&] Recover weight R, [5] Cross L over R | 12.00 |
| 6&7&8 | [6] Hold, [&] Step R to right side, [7] Touch L next to R, [&] Step L to left side, [8] Touch R next to L | 12.00 |
| 41 - 48 | R back, L point fwd (body angled) Close L as you flick R back, R fwd, L fwd, R kick, R close, L point, 1/2 turn L sailor step | |
| &1 2 3 4 | [&] Step back R angling body to 1.30, [1] Point L toe forward (body still facing 1.30), [2] Square up to 12.00 as you step L next flicking R foot back, [3] Step forward R, [4] Step forward L | 12.00 |
| 5&6 | [5] Kick R forward, [&] Step R next to L, [6] Point L to left side (style option: [5] Snap fingers forward, [6] Snap fingers to sides | 12.00 |
| 7&8 | [7] Cross L behind R, [&] Make 1/4 turn left stepping R next to L, [8] Make 1/4 turn left stepping forward L | 6.00 |
| Ending | The last wall begins facing the front and ends facing the back. To finish the dance, begin the dance as you would stepping forward R but make 1/2 turn right hitching L knee (instead of 1/4) the track ends here. | |

