About Last Night



Count: 96 Level: Phrased Advanced Wall: 1

Choreographer: Debbie Rushton (UK) August 2019

Music: About Last Night by Outasight



Count in: After 16 counts (on lyrics) **SEQUENCE – ABAB TAG ABB TAG**

PART A - 64 COUNTS

(1-8) SIDE BACK ROCK, R SHUFFLE, STEP 1/2 TURN, ROCK RECOVER

- 123 Step L to L, Rock R behind L, Recover fwd onto L (angle body to face 1oclock) 4&5 Travelling fwd to R diagonal step R fwd, Lock L behind R, Step R fwd (1oclock) 6 7 Step L fwd, Make ½ turn over L shoulder stepping R back (still on diagonal)
- 88 Rock L out to L side, Recover onto R (7oclock)

(9-16) CROSS HOLD & BEHIND HOLD & CROSS & BEHIND & CROSS SWEEP

- 12 Squaring up to back wall cross L over R, Hold &34 Step R to R side, Cross L behind R, Hold
- Whilst making a gradual arching ¼ turn L, Step R to R side, Cross L over R, &5&6

Step R to R side, Cross L behind R

&78 Step R to R side, Cross L over R, Sweep R around (3oclock)

(17-24) CROSS 1/4 TURN, SHUFFLE 1/2 TURN, DIAMOND STEP

- Cross R over L, Make ¼ turn R stepping back on L (6oclock)
- 3&4 Shuffle ½ turn over R shoulder stepping R L R (12oclock)
- Cross L over R, Step R to R side, Make 1/8 turn L stepping back on L 5&6 (11oclock)

7&8 Step back on R, Make 1/8 turn L stepping L to L side, Make 1/8 turn L stepping

R forward (7oclock)

(25-32) STEP TURN, FULL TURN, OUT OUT TOUCH BUMP & BUMP

- 12 Step L forward and pivot 3/8 turn R taking weight fwd onto R (12oclock)
- 3 4 Make ½ turn R stepping L back, Make ½ turn R stepping R fwd (or walk walk)
- &56 Step L out to side, Step R out to side, Touch L beside R
- 78 Step L to L and bump hips to L twice (end with weight L)

(33-40) STEP LOCK & LOCK & LOCK, JAZZ BOX 1/4 TURN

- 12 Step fwd on R, Lock L behind R and hitch R knee up &3 Step fwd on R, Lock L behind R and hitch R knee up
- &4 Step fwd on R, Lock L behind R and hitch R knee up
- 5678 Cross R over L, Step L back, Make 1/4 turn R stepping R to R, Step L fwd

(3oclock)

(41-56) REPEAT ABOVE 8 COUNTS TWO MORE TIMES (STEP LOCKS & JAZZ BOX)

(57-64) STEP ½ TURN, STEP ½ REVERSE TURN, ¼ SIDE HOLD, HEEL TOE HEEL HITCH

12 Step R forward, Pivot ½ turn L taking weight forward onto L (3oclock)

3 4	Step R forward, Make ½ turn R stepping back on L (9oclock)
5 6	Make ¼ turn R stepping R to R side, Hold count 6 (12oclock)
&7&8	Swivel L heel in, Swivel L toe in, Swivel L heel in, Hitch L knee up

PART B - 32 COUNTS

(1-8) SIDE ROCK, CROSS SHUFFLE, BOX 3/4 TURN

- 1 2 Rock L out to L side, Recover weight onto R (12oclock)
- 3&4 Cross L over R, Step R to R side, Cross L over R
- 5 6 Step R to R side, Make ¼ turn L stepping L to L side (9oclock)
- 7 8 Make ¼ turn L stepping R to R side, Make ¼ turn L stepping L to L side (3oclock)

(9-16) CROSS ROCK SIDE CROSS & 3/4 UNWIND ROCK & CROSS

- 1 2 Cross rock R over L, Recover back onto L
- 3 4 Step R to R side, Cross L over R
- &5 6 Step R to R side, Lock L behind R, Unwind ¾ turn L taking weight onto L
- 7&8 Rock R out to R side, Recover onto L, Cross R over L (6oclock)

(17-32) REPEAT ABOVE 16 COUNTS – (every Part B is 16 counts repeated twice)

TAG - 16 COUNTS

(1-8) SIDE TOGETHER SIDE TOUCH, BODY ROLL R, BODY ROLL L

- 1234 Step L to L side, Step R beside L, Step L to L, Touch R beside L (12oclock)
- 5 6 Step R to R side & do R body roll, Touch L beside R
- 78 Step L to L side & do L body roll, Touch R beside L

(9-16) SIDE TOGETHER SIDE TOUCH, BODY ROLL L, BODY ROLL R

- Step R to R side, Step L beside R, Step R to R, Touch L beside R
- Step L to L side & do L body roll, Touch R beside L
 Step R to R side & do R body roll, Touch L beside R
- Contact: debmcwotzit@gmail.com